

QUESTIONS for the HEALTHCARE TEAM

Take an active role in managing your care by asking your healthcare team questions. If you do not understand any part of the information you are given, ask the healthcare provider to explain it in another way.

WORKSHEET FOR WHEN YOU'RE IN TREATMENT

Diagnosis

What is my exact diagnosis?

What is the stage of the disease? (if it applies)

Treatment

What are all of the treatment options available to me?

Am I eligible to participate in a clinical trial?

What is the recommended treatment for me?

Treatment
(cont'd)

What is the purpose of the treatment?

What are the benefits and risks of treatment?

How long will the treatment last?

How much time do I have to make a decision about the treatment plan?

Will my treatment require a hospital stay or will it be an outpatient treatment?

What kind of testing will be done to monitor the disease and its treatment?
How often will the testing be needed?

How will I know if the treatment was effective? What are the options if treatment is not effective?





Side effects

What are the immediate and long-term effects of treatment?

What signs and/or symptoms indicate that I should call my healthcare team or require a visit to the emergency room?

Who can I contact after hours with questions or concerns?

Can my fertility be preserved before treatment begins?

How will treatment affect sexuality?

Is it possible to get a referral for professional support to help me manage anxiety or depression related to cancer?

Will I need to follow a special diet or avoid any specific foods?

Follow up care

Will my healthcare team continue to check on me once treatment is over?
If so, for how long?

If I experience long-term effects in survivorship, whom should I contact?

Can you give me a written follow-up care plan or a survivorship care plan?

Notes



Get the LLS Health Manager app
Track medications, side effects and more!



**LEUKEMIA &
LYMPHOMA
SOCIETY
OF CANADA**

Never hesitate to contact us, we're here to help!

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