

# CHORE CHART

Use this chore chart to stay on top of your loved one's household chores. It's easier to clean a little bit every day than to try to clean a whole house in a few hours.

Hang the chart on the refrigerator as a reminder. If there are other people who can help, delegate specific chores to them. Check off chores in the "done" column when finished. Chore examples: do laundry, take out garbage, clean bathroom, clean kitchen, vacuum, sweep, mow the yard, etc.

WORKSHEET FOR CAREGIVERS

	Done	Chore
Monday	<input type="checkbox"/>	
Tuesday	<input type="checkbox"/>	
Wednesday	<input type="checkbox"/>	
Thursday	<input type="checkbox"/>	
Friday	<input type="checkbox"/>	
Saturday	<input type="checkbox"/>	
Sunday	<input type="checkbox"/>	

**Cleaning supplies to add to the grocery list**

Add cleaning supplies that you need here to remind yourself to buy more.

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**Get the LLS Health Manager app**  
Track grocery lists, meals and more!

